

****Youth Ministry Newsletter - December 2025****

December Reflections and Looking Ahead to 2026

December was a quiet but meaningful month for our teens following the busy celebrations and activities of November. We joyfully held our 2nd Christmas Dinner, bringing together our teens and their families for an evening of fellowship and celebration. During the dinner, we shared a slideshow that beautifully recapped all the wonderful activities and milestones we achieved together throughout 2025.

Our ongoing goal remains to help our teens deepen their engagement with the Parish and grow in their faith journey. In December, we also gathered for our monthly Youth Mass and Rosary—a truly special time dedicated to spiritual growth and building our community. We warmly invite more families to join us in these enriching experiences throughout 2026.

As we step into this new year, may God's abundant blessings fill your homes with peace, joy, and love. May your hearts be strengthened in faith, your spirits renewed with hope, and your paths guided by divine wisdom. Let us embrace the gift of each new day with gratitude and trust in God's plan for our families. May this year bring growth in holiness and harmony, and may your children flourish in grace and understanding as they grow in their spiritual journeys.

Together, let us continue to nurture faith within our families and inspire our children to walk in the light of God's love.

Looking ahead, we are excited to welcome our incoming 8th graders starting January 2026. Our January meeting will be on Saturday the 17th, with the theme "Light Dinner with Pope Leo." If you are interested, please contact me at 203-536-1172. If you have teens interested in being part of this meaningful ministry, we would love to welcome them with open arms!

Thank you for your continued support as we journey together in faith.

God Bless!
Cecilia Bowers





Sacred Heart Youth Ministry

LIGHT DINNER
WITH POPE LEO

Saturday, January 17, 2026

5:30 p.m. to 7:30 p.m.

at

8th Grade Classroom

RSVP required - 203-536-1172

Kids Only